

Newsflash: September 2026

Saved!

Thanks to Nick Morrice who has recruited a small team, our monthly meets will continue. Attendance is free until the end of the year.

MONTHLY MEETS

Just turn up for refreshments, chat and guest speaker

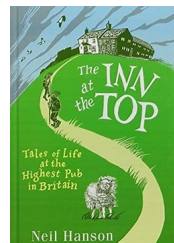
Free entry for SLu3a members until end of 2026 – guests £3

10.30am, Castle St Centre (Refreshments from 9.45am)

Wednesday 16 September

Inn and Out at the Top

Neil Hanson is a hugely engaging storyteller, an award winning speaker. Tales of life at Britain's highest pub



Wednesday 21 October

The 'assassination' of Lady Diane Spencer



Pete Mellor will explore this fascinating theory. Starting from marriage to Prince Charles in 1981, which ended in divorce in 1996. Events to 1997 are briefly covered. He explains what led to her visit to Paris in August '97 giving details of who chauffeur Henri Paul was actually working for. Finally details of the alleged medical mistreatment that killed Diana prior to her hospital arrival.

Open Morning

***Saturday 5 September
Kendal Leisure Centre
10am-12pm
Free entry***

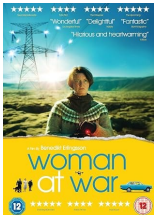
- Many of our Groups will be there. You can find out what they do, join up, or receive more information
- Renew your membership. Our team will be happy to help with any problems
- There will be tea, coffee and biscuits too - so an opportunity to catch up with friends for a chat



- Bring a friend to see what we can offer
- See our new publicity and promotion stall
- Have ideas to improve our u3a? Why not chat to one of the committee members

A blue and yellow poster for the u3a South Lakes Open morning. It features the u3a logo, the text "South Lakes", "Open morning Saturday 5 September 10am-12pm Kendal Leisure Centre", and "Come and see what we have to offer". It also includes a circular photo of people, a QR code, and the text "Free entry Parking available On bus routes" and "Scan here to find out more". At the bottom, it says "Registered Charity No 1030281".

Classic Films: Thursday 3 September 2:00pm, Abbot Hall Social Centre Woman at War (Iceland 2018)



Not a war film: she's an eco-warrior in Iceland. Not a preachy eco-sermon either. A compelling drama, beautifully filmed.

Doors open 1:45 for a prompt start at 2:00pm.

All members of SLu3a are welcome to attend

Editor: John Broadhead, email: editor@southlakesu3a.org.uk

Website: <https://south-lakes.u3asite.uk/>

Registered Charity Number: 1030281

Telephone: 07949 878 523 (only for general enquiries please use website to contact Coordinators and Officials)

*Welcome back to all those
who have had a summer
break, now learn, laugh, live!*



GROUP MEETINGS OPEN TO ALL just turn up

Themes in world history (second Monday, 2pm, Abbot Hall Social Centre)

Mon 14 September *Golden Age of Dutch Republic, by Mark Aldridge*

Natural History (second Wednesday, 2.30pm, Castle Street Centre)

Open meetings start in October

Art Appreciation (Third Tuesday, 2pm, Abbot Hall Social Centre)

Tues 15 September *Celtic Art, by Sue Venfield*

Science and Technology (last Friday, 2pm, Castle Street Centre)

Friday 25 September *Learning from Nobel Prizewinners, by Henry Leese*



Want to contact someone?

Click on 'Contact' at the top of our website
There you will find who to contact about a variety of subjects
and how to message group coordinators

Manchester Geological Association

Following on from the successful course at the u3a Summer School:

Introduction to Geology (free course)

Saturday, 19 September, 11.30-14.30

University of Manchester, Williamson Building, M13 9QQ

Contact Niall Clarke to book [click here](#)

11.30 Human impact on geology

12.30 Break (tea and coffee provided)

13.15 Practical session in labs and a look at the University collection

Publicity and Promotion

Would you like to help our publicity campaigns? There are a number of ways you could assist us. Contact Jane Willis [click here](#)

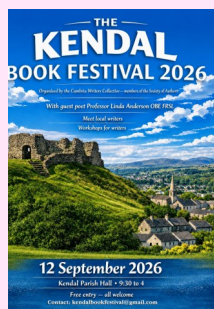
Open Morning: **Watch our new screen presentation**

Bring someone along to see our range of leaflets and other information.

Westmorland Show: our stand is in the Lifelong Learning tent on Weds-Thurs 8-9 September. Come and see us



Publicity stall: This is now in use, so far at the Birdcage and Kendal library. Other possibilities are - Kendal Town Fete on 20 September and the Age Friendly Festival on 4 October. We'd love to receive invitations to other events, indoor or outside (we have a gazebo).



Saturday 12 September

Kendal Parish Hall, 9.30-4.00, free entry

Guest poet - Professor Linda Anderson, OBE, FRSL

Meet local writers - Workshops for writers

For more information: kendalbookfestival@gmail.com

If you would like to book a table (£10-20) for your writing or book club group use this link:

<https://www.trybooking.com/uk/events/landing/115540>

Interest groups online (IGO) is an online u3a community that gives you the opportunity to join groups, talks and courses from the comfort of your own home. The activities are run by members and are a great way to meet people from across the u3a movement. There are over 100 groups ranging from Ad Hoc Art, Ancient Rome and Armchair Archaeology to World History, Writing for Pleasure and Zentangle Club. It costs £12 a year to join and includes a free copy of the u3a Matters quarterly magazine. Click [here](#) to find out details.

