



**u3a**  
South Lakes

**Newsflash: June 2026**

## **Our Annual General Meeting took place on Wednesday 20 May**

Samantha Ridgway continues as Chair of SLu3a and a number of other committee members, new and continuing were confirmed in their posts.



Our new draft constitution was approved and will now go to Third Age Trust (TAT) for approval. Following that it has to be sent to the Charity Commission for their approval.

Finally, we have to adopt it at a Special General Meeting. Only then will we be compliant to the latest legal requirements.

### **New Committee members**

We were pleased to welcome David Cooper and Mark Aldridge as our new Minutes Secretary and Assistant Membership Secretary.

### **Easy Singing Group**

To finish we were entertained by (and joined in with) Nick Morrice and members of the new group

***Words underlined and in blue? - click on them and it will allow you to email that person or access other information.***



**Next Newsflash will be in August due to holidays and Annual Handbook preparation**



# CLOSING DOWN

## MONTHLY MEETING

Derek Ridgway has done this for several years, even extending his duties for an extra year. Sadly, nobody has come forward to organise speakers for future monthly meets.

November of this year will be our last meeting unless someone offers to take on the role, starting in January. We do have lists of some possible speakers. [Click here](#) to contact Samantha Ridgway for more information.

## MONTHLY MEETS

Will take place in September, October, November, then ???

*Entry will be free*

## Publicity

Not enough people know about us, so we will be on show in June and July

Kendal Birdcage - Friday 26 June

Kendal Library - Wednesday 22 July

## Open Morning

This year will be held on Saturday 5 September

Kendal Leisure Centre - 10-12

## Membership Renewals

Come and renew as below, or by post

Wednesday 12 August - Abbot Hall Social Centre, 10-12

Saturday 5 September - Kendal leisure Centre, 10-12

**If you pay by Direct Debit you don't need to renew in person as payment will be taken automatically**

## American History

This group has now closed due to the lack of a coordinator



## **GROUP MEETINGS OPEN TO ALL** just turn up

**Classic Films** (first Thursday, 1.30 for 2pm, Abbot Hall Social Centre)

Thurs 4 June - **Grand Hotel (1932)**

Drama, melodrama, love, lust, fun, treachery, deceit - it's got it all!

**Themes in World History** (second Monday, 2pm, Abbot Hall Centre)

Mon 8 June - **Roman Frontiers and our local wall**

Did the reign of Hadrian mark a critical turning point?

**Natural History** (second Wednesday, 2.30pm, Castle Street Centre)

'Open' again in September

**Art Appreciation** (Third Tuesday, 2pm, Abbot Hall Social Centre)

Tuesday 16 June

**Gustave Courbet - Realist and Revolutionary in Paint**

**Science and Technology** (last Friday, 2pm, Castle Street Centre)

Friday 26 June - **Visit to water treatment plant**

Contact Ed Tipping via our website to see if places are available

## Latest Groups News

Not a Facebook fan? You can keep up to date by looking at the short reports on our website <https://south-lakes.u3asite.uk/>

They only show at the bottom of the Welcome page for a limited time so keep checking what's new.

## U3a Festival Fringe - starts Thursday 25 June

You can now book a place for these online events.

There are talks and workshops and wherever you are you can join in the fun why not click the link to [explore the activities](#)

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Registered Charity Number: 1030281

Telephone: 07949 878 523 (only for general enquiries)

please use website to contact Coordinators and Officials

## Parlez-vous français?



A small group of visitors from Provence in southern France arrived in Kendal recently.



They spent a week as guests of members of the two SLu3a French groups. Here with their English teacher, they practised their English and explored our local landscape and culture. Blessed with largely dry weather, everyone undertook a wide range of visits and activities. These included a visit to the Mayor's parlour in Kendal and a heritage walk around the town, a guided tour of Sizergh gardens and walks and visits in the Lake District.



The group also ventured further afield and spent a day in Edinburgh. On the Monday afternoon, they joined our French classes for an hour's French conversation with group members. Afternoon tea followed which was much appreciated. All in all, a very successful and enjoyable week and the English hosts

are now looking forward to a visit to Provence sometime next year.

## Changed your personal information?

Please let the SLu3a Membership Team know of any changes to email address, postal address, telephone number, etc at

[membershipsecretary@southlakesu3a.org.uk](mailto:membershipsecretary@southlakesu3a.org.uk)

## Regional Newsletter

### What's happening in our North-West region?

The May-July edition is available by [clicking here](#)

It includes details of the Regional Summer School being held in Manchester 11-14 August